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Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

KALEIDOS

MONTHLY NEWS LETTER

Here highlights the various Programmes of Amala College of Nursing on the month of February. Every edition is crafted with care to celebrate the vibrant spirit of our college community..

*Dive in, stay inspired, and let's shape the future together!
Happy Reading!!*



Amala College of Nursing (SNA)

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EMBRACING EXCELLENCE AND TRIUMPH IN NURSING EDUCATION



We are proud to have earned a prestigious position in Rank Band 02 for Nursing in the Kerala Ranking 2024! This achievement is a testament to our unwavering commitment to excellence, shaping skilled nursing professionals and paving the way for a healthier future.



WORLD CANCER DAY



"United Against Cancer: Hope, Strength, Action!"

On February 4th, World Cancer Day, batch 2022 and 2023 united in a powerful movement of awareness and action. Through an inspiring theme presentation and health education empowered minds with knowledge, while the energetic walkathon symbolized our collective stride toward a cancer-free future. The Wall of Hope became a canvas of strength, filled with messages of resilience and support. A spirited flash mob captured attention, spreading awareness through rhythm and movement.





National Deworming Day

On February 10th, National Deworming Day, Batch 2022 reached out to young minds with an engaging awareness program in Anganwadi at Kaiparamb. Through an insightful theme presentation, we emphasized the importance of deworming for a healthier future. To reinforce the message, informative leaflets were distributed, ensuring that awareness extended beyond the session, empowering both children and their caregivers.



"Stem Cell Transplant: Renewing Life!"

An insightful Stem Cell Transplantation Awareness Event was conducted for nursing staff and students. Experts from the Stem Cell Department shed light on the life-saving potential of stem cell donation, inspiring attendees to step forward as willing donors. This initiative aimed to foster a deeper understanding and encourage participation in creating a healthier, hope-filled future.



On February 12, Batch 2024 organized a compelling Sexual and Reproductive Health Awareness Day program, fostering open conversations on topics often left unspoken. Through interactive sessions, expert talks, and engaging discussions, the event aimed to break stigmas, promote informed choices, and empower individuals with essential knowledge about their bodies and well-being. Emphasizing the importance of consent, safe practices, and reproductive rights, the program created a safe space for learning and dialogue.





Happy Valentine's Day

On February 14, the students of Amala came together to celebrate Valentine's Day with joy and enthusiasm. Adding a special touch, Batch 2024 introduced a unique idea that set this celebration apart, making it more than just a day of love—it became a day of togetherness and appreciation. Whether through creative activities, heartfelt messages, or a meaningful theme, their efforts brought smiles to everyone making Valentine's Day a truly memorable occasion for all.

"Justice is not just about laws; it's about fairness, equality, and dignity for all."



On 20th of February, the batch of 2021 - our Zephyrs along with the unit of NSS and SNA of our college, celebrated "WORLD SOCIAL JUSTICE DAY" with a theme of Empowering inclusion:bridging gaps for social justice .As part of the day,we conducted an theme presentation in college assembly and posted a prosecution comment box for students and faculties about the current scenario "Wildlife attack " . Students pinned their open final say comments and the notice board hits with relevant variety of debate opinions from different perspectives of thinking.

National Science Day



On February 27, National Science Day was celebrated with great enthusiasm. Batch 2022, along with the Institution Innovation Cell, presented the theme, inspiring curiosity and innovation. The event featured various activities, making science exciting for all.

International Mother Language Day

To promote linguistic and cultural diversity on the 21st of February, the world celebrates mother language day.As part of the auspicious day, our college celebrated it by using our mother tongue - malayalam in the all the events of the day.

To encourage the use of mother language the students taken their roll numbers in malayalam, and the birthday students were wished with sweet birthday melody in malayalam .



Along with that ,a theme presentation and dictation competition done for students and faculties, organized by the batch zephyrz. The winners of the competition announced and rewarded with gifts. Mrs.Linda Varghese from faculty and Thasnim P. S from student's side shared 1st position in the dictation competition.

Monthly Capsule

The All India Institute of Medical Sciences in Delhi is establishing the country's first center dedicated to combating internet and technology addiction among children and youth
- Daily Pioneer, Business Standard

MARCH UPCOMING EVENTS

The most awaited days!!

ASTHRA 2K25

SPORTS OF AMALA COLLEGE OF NURSING
27, 28 FEBRUARY (INDOOR)
01 MARCH (OUTDOOR)



Other Events..

March 3 - World Hearing Day
March 4 - World Obesity Day
March 8 - International Women's Day
March 9-15 - World Glaucoma Week
March 13 - World Kidney Day
March 16 - National Immunization Day
March 20- World Oral Health Day
March 21- World Down Syndrome Day
March 22- World Water Day
March 24- World Tuberculosis Day



**Amala College of Nursing, Amala Nagar P O,
Thrissur-680555, Kerala**

**An Undertaking of Amala Cancer Hospital Society
(Affiliated to Kerala University of Health Sciences-KUHS and
recognized by Kerala Nurses & Midwives council and Indian Nursing
Council).**

**The first Nursing College with NAAC A-Grade in the first cycle and A
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